

## 30" Pro-Style Cambered Lat Bar, Stirrup Handles and Knurled Grips

### – FE063

<b>Description</b>	<ul style="list-style-type: none"> <li>◆ This solid-steel, chrome-finish 30" bar's angled ends and stirrup handles enable a deeper stretch than conventional lat bars to maximize exercise effectiveness.</li> <li>◆ Knurled grips ensure a secure hold</li> <li>◆ Two additional contoured inner grips enable bar to be used for triceps press-downs and biceps curls, too.</li> <li>◆ Free-moving center swivel ensures smooth, uninterrupted motion.</li> </ul>
<b>Dimensions</b>	30" Long

